

# Buckland Rings Trail

A varied walk from Brockenhurst to Lymington via an Iron Age fort

From the village of Brockenhurst this walk passes through Roydon Woods nature reserve over Setley Plain and onto Buckland Rings, the site of a former Iron Age hill fort near Lymington.

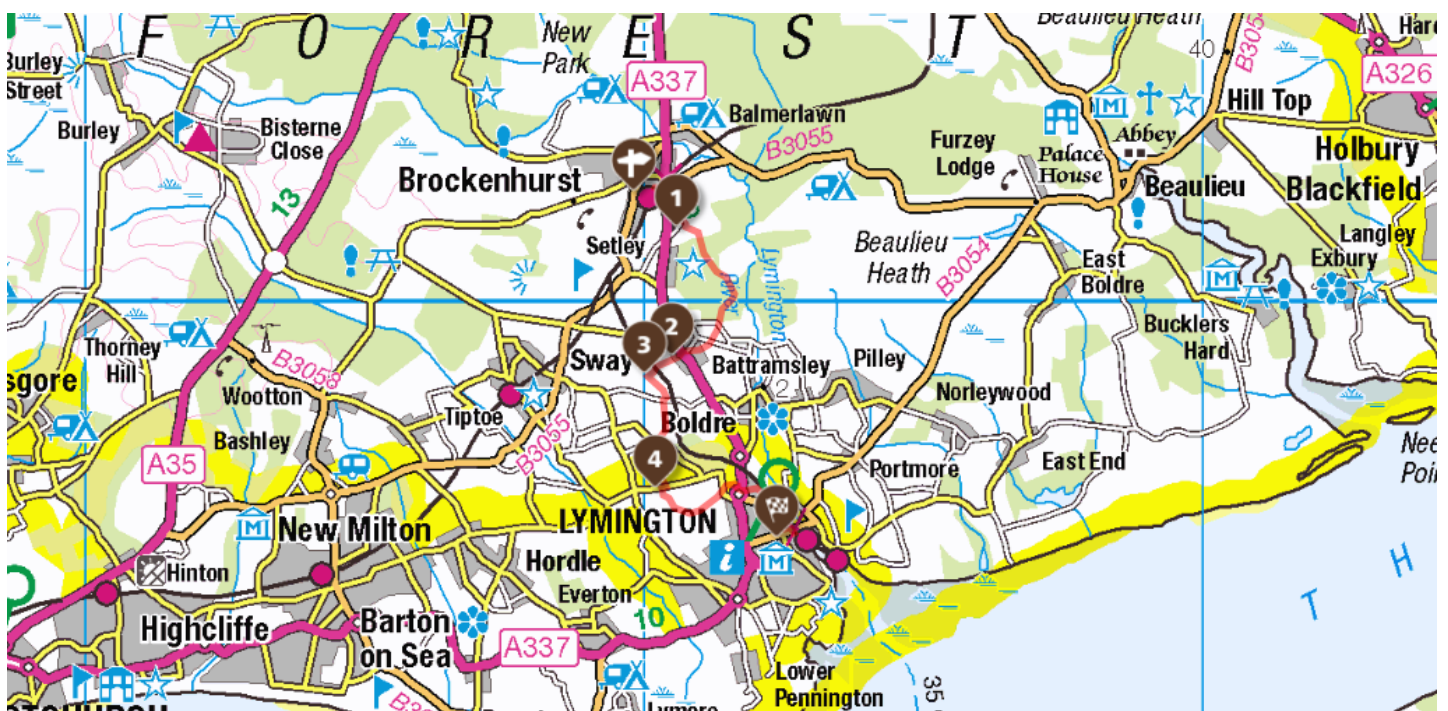
This is part of the [Rail Trail](#) series of walks from the Lymington-Brockenhurst branch line.

**Be Forest Friendly:** Please take your litter home.

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## 1. Roydon Woods

From the village of Brockenhurst the walk passes through the beautiful Roydon Woods, before passing through Sandy Down.

## 2. Onto Setley Plain

After crossing the A337 (take care) the path leads through to the edge of Setley Plain, an

### Quick Info

### Start / Finish

Start: Brockenhurst Railway Station, SO42 7TW / End: Lymington Town Railway Station, SO41 9AU

area of open heathland with wide views.

### 3. Over the railway line

Pass over the Lyminton branch line and enjoy good views of the trains approaching from both directions.

### 4. Buckland Rings

Explore Buckland Rings, site of an Iron Age hill fort.

#### Distance

5-10 miles

#### Duration

2-3 hours

#### Surface

Varied surfaces - can be muddy in wet weather

#### Getting there...

Take the mainline to Brockenhurst Railway Station.

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